

8天青海·梦幻高原 & 山水圣地

全程无购物



TOUR CODE: JA-QH8



行程亮点

★ 西宁

金银滩草原
沙漠版青海湖环湖路
青海湖景区

★ 茶卡

茶卡盐湖

★ 贵德

宗喀拉则景区
黄河特大桥轻徒步
黄河清少女广场
南海观音殿
贵德古城+玉皇阁
珍珠寺
玫瑰庄园
万亩青稞油菜花基地

★ 循化

阿石贡国家地质公园
塔尔寺
孟达天池
骆驼泉
隆务大寺

★ 同仁

郭麻日古堡
坎布拉国家森林公园

★ 平安

平安驿夜景

食: B/7 L/6 D/6

宿: 全程入住当地4-5★酒店



DAY 1

新加坡-西宁

宿: 西宁五四大酒店或西宁果洛大酒店或同级五星★标准

- 齐集新加坡樟宜机场飞机飞往西宁, 西宁接机, 根据航班时间安排。(根据航班时间安排西北悬空寺或湟水河湿地公园) 游览西北悬空寺史称北禅寺, 红崖间殿宇高悬, 栈道回廊, 将殿宇楼阁与洞穴相连, 使殿中有洞, 洞内套洞, 洞中塑有佛道诸神像, 被称为中国第二座悬空寺。或湟水河湿地公园位于青海省西宁市的青海西宁湟水国家湿地公园, 总面积一共508.7公顷, 后被列为国家级森林公园。

DAY 2

餐: 早/午/晚

西宁-茶卡镇

宿: 茶卡盐湖锦天世纪酒店或茶卡晚枫酒店或同级四星★标准

- 早餐后前往游览金银滩草原 (哈达迎宾+骑马体验+藏服) 金银滩草原, 有麻皮河和哈利津河贯穿, 这就是青海有名的金滩、银滩大草原。体验大巴车在沙漠版青海湖环湖路上行驶, 到达青海湖景区 (含区间) 是世界高原内陆湖泊湿地类型的典型代表, 被称为中国西北部的“气候调节器”“空气加湿器”和青藏高原物种基因库。

DAY 3

餐: 早/午/晚

茶卡镇-贵德

宿: 贵德黄河紫恒国际酒店或同级四星★标准

- 早餐后前往浏览茶卡盐湖 (区间车+小火车) 茶卡盐湖是摄影师的天堂, 南美的天空之境在玻利维亚, 中国的天空之境在茶卡, 茶卡盐湖, 像上帝的一滴眼泪散落在丝路, 可以透过清盈的湖水, 观赏形状各异、正在生长的栩栩如生的朵朵盐花。宗喀拉则景区 (最佳时间: 5月-10月) 成功创造了最大的拉则吉尼斯世界纪录称号, 藏人认为那些对部落有功勋的先祖之灵应寄住在山水树木中并保护子孙后代, 为了供奉这些神灵而修建的城堡或宫殿黄河特大桥轻徒步因为位于贵德黄河清的那段黄河上所以也被称为黄河清大桥黄河清少女广场位于贵德县黄河南岸南滨河路, 是一个以直径20米的巨大木质结构水车为主体建筑的音乐广场, 古朴典雅的黄河水车与碧水、丹山勾画出了一幅动人的黄河风景长卷。

DAY 4

餐: 早/午/晚

贵德

宿: 贵德黄河紫恒国际酒店或同级四星★标准

- 早餐后前往浏览南海观音殿它初建于明末, 由西向东依山势而建, 因山呈龙形, 相传为龙脉所在, 明相刘伯温派人斩断龙脉的故事在当地广为流传。贵德古城+玉皇阁在镇子的正中心, 属明代建筑群, 至今已有600多年历史。贵德县文庙和玉皇阁是贵德县现存明清古建筑群最具代表性的建筑。
- 珍珠寺藏语称“觉觉拉康”, 珍珠寺主供奉释迦牟尼佛像加持力相当于大昭寺的释迦牟尼, 被称为前藏第一寺。玫瑰庄园 (最佳时间: 5月-10月) 车行至海南藏族自治州贵德县河西镇下马家村的一片玫瑰基地, 恬淡芬芳的玫瑰花香便扑鼻而来。万亩青稞油菜花基地来到青海省海南藏族自治州 (以下简称: 海南州) 贵南县塔秀乡的青稞种植基地, 眺望无垠的绿野, 面积1.6万余公顷的青稞田蔚为壮观。

DAY 5

餐: 早/午/晚

贵德-循化

宿: 中和循化国际大酒店或同级四星★标准

- 早餐后前往浏览阿石贡国家地质公园 (含区间) 是位于青海省贵德国家地质公园内的一个综合性景区, 以自然地貌景观和地质遗迹为主要特征, 同时辅以多样的生态景观和丰富的人文景观。塔尔寺 (区间车+讲解) 塔尔寺是藏传佛教格鲁派 (黄教) 六大寺院之一, 创始人宗喀巴大师。

DAY 6

餐: 早/午/晚

循化-同仁

宿: 盛宇天轮大酒店或同级四星★

- 早餐后前往浏览孟达天池被誉为“青藏高原上的西双版纳”、“青藏高原的璀璨明珠”, 是青海省避暑、疗养和旅游胜地。骆驼泉骆驼泉是撒拉族地标性景区, 是全省十大王牌景区之一, 位于循化县街子镇三兰巴海村, 因一峰神奇的白骆驼自中亚撒马尔罕到此化为白石而得名。隆务大寺位于青海省同仁县, 始建于清光绪八年 (公元1882年), 是省级文物保护单位。

DAY 7

餐: 早/午/晚

同仁-平安

宿: 海东海峰国际大饭店或同级四星★

- 早餐后前往浏览郭麻日古堡是“中国历史文化名村”。坎布拉国家森林公园 (含游船) 坎布拉国家森林公园“是丹霞”地貌, 森林植被、宗教文化、电站大坝、峡谷库区及藏族风情所构成, 集自然景观和人文景观于一身。平安驿夜景藏式文化建筑及夜间街区, 是独特的历史文化遗产的地理空间呈现和人文精神新面貌的昂扬。

DAY 8

餐: 早

平安-西宁-新加坡

- 早餐后送机, 乘搭国际航班飞返温馨的家园-新加坡。

团费不含: 小费 (30 RMB/人/天);
不含签证费、个人旅游保险

备注:

1. 在不减少景点的情况下, 我社有权调整行程和所住的同级酒店。
2. 如遇人力不可抗拒因素, 如天气缘故 (花期推迟或提前) 堵车、路况、车辆故障, 当地政府行为等造成行程延误, 或不能完成上述景点, 责任不在旅行社, 旅行社不承担赔偿责任, 由此产生的超支费用由游客自理。
3. 如若行程和封面有出入之处, 请以当地地接最终确认为准。中英文行程如有出入, 请以中文行程为准。
4. 中国各地酒店的三人间, 其中加床仅提供的是折叠加床。

Website



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101 UPPER CROSS STREET #B1-10/11 PEOPLE'S PARK CENTRE SINGAPORE 058257

8D Qinghai-Fantasy Plateau Landscape Holy Land

NO SHOPPING



TOUR CODE: JA-QH8



HIGHLIGHT

★ XINING

Jingintan Grassland
Desert version of Qinghai Lake Ring Road
Qinghai Lake Scenic Spot

★ CHAKA

Chaka Salt Lake

★ GUIDE

Dzongkhla Razor Scenic Spot
Shunfeng Grand Pai Fang
Nothing Museum

★ FOSHAN

Foshan Ancestral Temple
Yellow River Special Bridge Light Hiking
Yellow River Clear Maiden Square
South Sea Guanyin Temple
Guide Ancient City + Jade Emperor Pavilion
Pearl Temple
Rose Manor
Ten Thousand Mu Barley Rape Flower Base

★ METHODISM

Ashigang National Geopark
Tal Temple
Mengda Tianchi
Camel Spring
Longwu Daxi

★ TONGREN

Guo Ma Ri Ancient Fortress
Cambra National Forest Park

★ PING'AN

Night view of Ping'an Station

MEAL: B/7 L/6 D/6

HOTEL: STAY IN LOCAL 4-5 ★ HOTELS



DAY 1

SINGAPORE-XINING

Hotel: 5 ★Xining Hotel

- Assemble at Changi Airport for your flight to Xining, where passengers pick up and visit the Northwest Hanging Temple, also known as the North Zen Temple. It is located on the north mountain of Xining City, surrounded by mountains and water, and the well-developed Danxia landform indents inward, forming caves of varying sizes. It is known as the "Nine Caves and Eighteen Caves".

DAY 2

MEAL: B/L/D

XINING-CHAKA TOWN

Hotel: 4 ★Chaka Hotel

- After breakfast, head to visit the Jingintan Grassland (Hada Welcome+Horse Riding Experience+Tibetan Clothes), located in Haiyan County, Qinghai Province. On this 1100 square kilometer grassland, the Mapi River and Halijin River run through, making it the famous Jintan and Yintan grasslands in Qinghai. Experience the bus driving on the desert version of Qinghai Lake Ring Road to reach the Qinghai Lake Scenic Area (including sections).

DAY 3

MEAL: B/L/D

CHAKA TOWN-GUIDE

Hotel: 4 ★Guide Hotel

- After breakfast, head to visit the Chaka Salt Lake (regional car+small train). Chaka Salt Lake is a paradise for photographers. The sky in South America is in Bolivia, and the sky in China is in Chaka. Chaka Salt Lake is like a drop of God's tears scattered on the Silk Road. Here, you can take a small train to go deep into the lake for sightseeing, and watch the magnificent scene of modern large salt boats spraying water and swallowing pearls while picking salt.

DAY 4

MEAL: B/L/D

GUIDE

Hotel: 4 ★Guide Hotel

- After breakfast, head to visit the Nantai Guanyin Temple, located at the foot of Mount Metz, 2.5 kilometers south of Guide County. It is the birthplace of Guide Dragon Culture and a provincial-level cultural relic protection unit in Qinghai Province. The Guide Ancient City+Yuhuang Pavilion is located in the center of the town and belongs to the Ming Dynasty architectural complex, with a history of over 600 years. Guinan County is known as the "hometown of plateau pasture".

DAY 5

MEAL: B/L/D

GUIDE-XUNHUA

Hotel: 4 ★Zhonghe Xunhua Hotel

- After breakfast, visit Ashigong National Geopark (including sections), which is a comprehensive scenic area located in Guide National Geopark, Qinghai Province. It is mainly characterized by natural landforms and geological relics, supplemented by diverse ecological landscapes and rich cultural landscapes. **Kumbum Monastery** (shuttle bus+explanation) Kumbum Monastery is one of the six major monasteries of Gelug Sect (Yellow Sect) of Tibetan Buddhism, founded by Master Zongkaba. This is a pure land, a holy land, where pilgrimage and sightseeing teams come every day. People come from all directions, thousands of miles away. Believers almost measure the earth with their own bodies and run devoutly towards the gods in their hearts.

DAY 6

MEAL: B/L/D

XUNHUA-TONGREN

Hotel: 4 ★Tongren Hotel

- After breakfast, visit Mengda Tianchi, located in the eastern part of Xunhua Salar Autonomous County in Qinghai Province. It was established in 1980 and approved as a national nature reserve in April 2000. Known as the "Xishuangbanna on the Qinghai Tibet Plateau" and the "brilliant pearl of the Qinghai Tibet Plateau", it is a summer resort, recuperation, and tourist destination in Qinghai Province. Luotuo Spring is a landmark scenic spot of the Salar ethnic group and one of the top ten scenic spots in the province. It is located in Sanlan Bahai Village, Jiezi Town, Xunhua County. It is named after a magical white camel that transformed from Samarkand in Central Asia to white stone. Longwu Temple is located in Tongren County, Qinghai Province. It was first built in the eighth year of the Guangxu reign of the Qing Dynasty (1882 AD) and is a provincial-level key cultural relic protection unit.

DAY 7

MEAL: B/L/D

COLLEAGUES-PING AN

Hotel: 4 ★Pinhsn Hotel

- After breakfast, head to visit Guomari Castle, which is a "famous historical and cultural village in China". In 1328 AD, Li Benjiancuo, a thousand head resident of Guomari, presided over the relocation to the current location of the castle, with a history of 700 years. Kambula National Forest Park (including cruise ships) is located in Jianzha County, Huangnan Tibetan Autonomous Prefecture, Qinghai Province. Kambula National Forest Park is a Danxia landform composed of forest vegetation, religious culture, power plant dams, canyon areas, and Tibetan customs, integrating natural and cultural landscapes. The night view of Ping'an Post: Tibetan cultural buildings and night blocks are a unique geographical presentation of historical and cultural heritage, showcasing a new look of humanistic spirit.

DAY 8

MEAL: B

PING AN-XINING-SINGAPORE

- After breakfast, free at leisure till transfer to airport for your flight back to Singapore.

Website



Facebook



TIPS: 30RMB/PAX/DAY (PAY TO LOCAL AGENCY)

PACKAGE EXCLUDE: VISA APPLICATION FEE

REMARKS:

1. IN THE CASE OF NOT REDUCING THE NUMBER OF ATTRACTIONS, WE HAVE THE RIGHT TO ADJUST THE ITINERARY AND LIVE IN THE SAME LEVEL OF THE HOTEL.
2. IN CASE OF HUMAN FORCE IRRESISTIBLE FACTORS, SUCH AS WEATHER CAUSES (FLOWERS DELAYED OR EARLY) LANDSLIDES, ROADBLOCKS, VEHICLE BREAKDOWNS, LOCAL GOVERNMENT BEHAVIOR CAUSED BY DELAYS IN THE TRIP, OR CAN NOT COMPLETE THE ABOVE ATTRACTIONS, THE RESPONSIBILITY IS NOT IN THE TRAVEL AGENCY, THE TRAVEL AGENCY IS NOT LIABLE FOR COMPENSATION, THE RESULTING COST OVERRUNS BY THE TOURISTS AT THEIR OWN EXPENSE.
3. IF THERE IS ANY DISCREPANCY BETWEEN THE ITINERARY AND THE COVER, PLEASE REFER TO THE FINAL CONFIRMATION OF THE LOCAL GROUND RECEIVING. IF THERE IS ANY DISCREPANCY BETWEEN THE CHINESE AND ENGLISH ITINERARIES, PLEASE REFER TO THE CHINESE ITINERARY.
4. THE TRIPLE ROOMS IN HOTELS ACROSS CHINA, OF WHICH EXTRA BEDS ARE ONLY PROVIDED ARE FOLDING EXTRA BEDS.

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